

DISCOVER YOUR STRENGTHS

1. To what activities are you naturally drawn?

2. What kinds of activities do you learn quickly?

3. What activities are you performing when the steps just come to you automatically?

4. What kinds of activities make you stop and ask, "How did I do that?"

5. What kinds of activities make you ask, "When can I do that again?"

Based on your responses above, create a one- or two-sentence summary of your strengths:
